



SQUIGGLE KIDS SCHOOL READINESS ACTIVITY IDEAS

What: Build fitness.

Why: Kids need fitness to get through the long school day.

How: Visit park, pool, more walking, use scooter, bike ride, kick and throw a ball.

What: Get little hands working.

Why: To build up hand and arm muscles for school tasks.

How: Brush teeth, make toast, pour a drink, help with cooking, water garden, play with playdough, sand, balls and marbles.

What: Draw with friends and family.

Why: Precursor skill to writing, a skill to master for school, builds social skills, for fun, play and storytelling.

How: Draw about your day, play the scribble game, draw scooter tracks, decorate a big box for a car or a cubby.



Don't worry about letters - they will come. The basic shapes (see over) come first. Start with them!

What: Practise self care skills.

Why: Independence and confidence at school.

How: Practice getting to the toilet in time, putting shoes and socks on and off, dressing and removing clothes, helping self to snack from lunchbox and drink from bottle when needed.

What: Practise asking for help in own words.

Why: Independence and confidence at school.

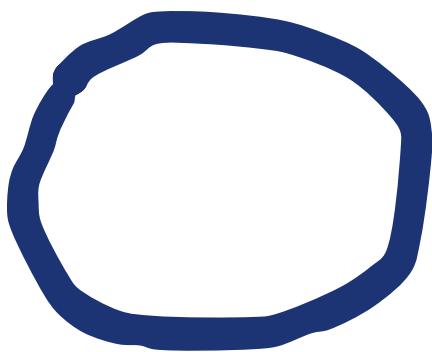
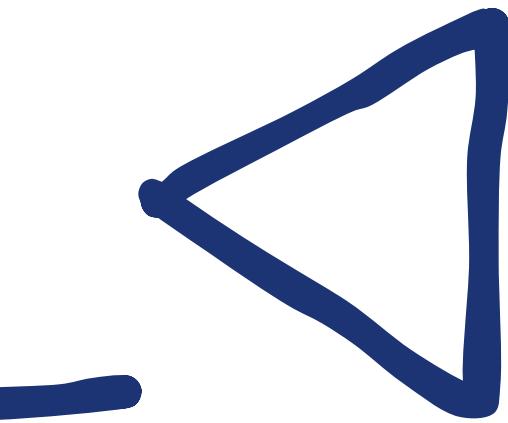
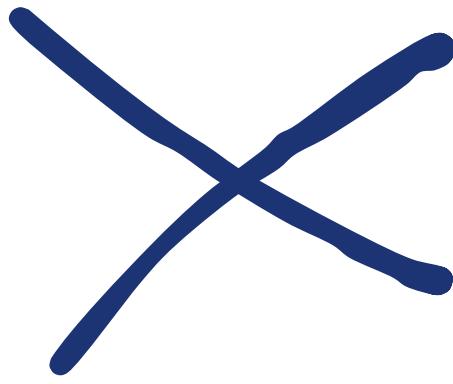
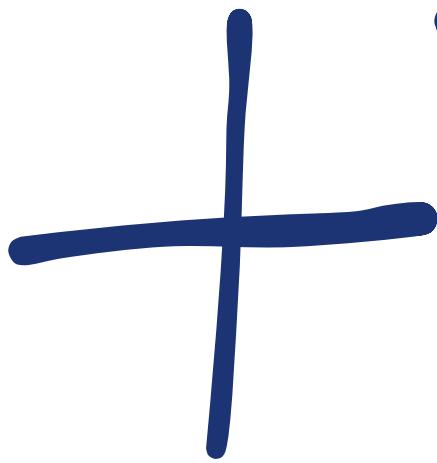
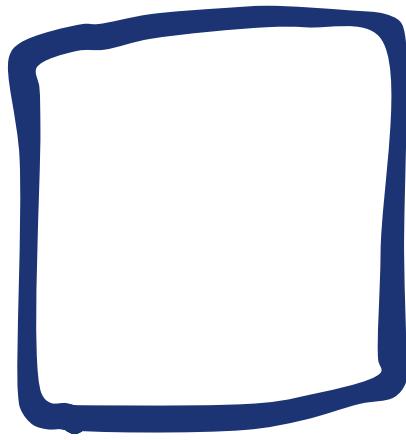
How: Practise asking for food at cafe or milk bar, practise asking for things from grandparents or close family friends.



SQUIGGLE KIDS

WRITING STARTS WITH DRAWING (AND SCRIBBLE)

THESE BASIC SHAPES ARE
THE BUILDING BLOCKS FOR
WRITING AT SCHOOL



HELP GET YOUR CHILD SCHOOL READY: DRAW AT HOME